

# **The University of Tennessee College of Veterinary Medicine**

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*For immediate release*

## **UT VET ON THE RUN**

(Knoxville) Dr. Ralph Harvey says for him, running is a trivial pursuit--this from a man who just completed his first run in the Boston Marathon. "A man can't just sit around," said Harvey, associate professor of anesthesiology at the University of Tennessee College of Veterinary Medicine.

Harvey, who also kayaks and scuba dives in his spare time, began running more than 30 years ago while in college. He believes the more he runs, the better he feels about life and himself, "Distance running very certainly helps in my daily work," Harvey said. "I have much better endurance for the long days and running around with patients all over the veterinary hospital. I consider running marathons as a kind of cross-training for this line of work!"

The Boston Marathon is limited to about 20,000 runners. To qualify for the prestigious race, entrants must first run a qualifying time in a certified marathon. Harvey ran the Kiawah Island Marathon in under 3:35. With temperatures in the mid-80's, he finished the Boston Marathon in less than four hours (3:53) which put him in the top third of all runners. Harvey finished third among the 21 Tennesseans in the "veteran's" age group of 50-59 years. "This race was inspiring. I've never run a marathon with nearly such a powerful crowd of supporters. Over 500,000 spectators line the 26.2 mile course," Harvey said. "It was a great experience. I'd do it again tomorrow, if possible, but some recovery time is mandatory."

Harvey graduated from the UT College of Veterinary Medicine in 1981 and joined the faculty in 1985 after completing his internship and residency at Cornell University. He also completed a fellowship at Cornell's Medical College. Harvey has served as former Executive Secretary of the College of Veterinary Anesthesiologists and is currently a member of the UT Faculty Senate.